



Pear and Ham Salad

Autumn

Pear, ham and tomato salad



Ingredients (4 servings):

1	pear
1	small tomato
100 g	ham
Some	<i>Ohba</i> (green <i>shiso</i>)

Dressing

100 cc	salad oil
50 cc	vinegar
Some	salt
Some	pepper
Some	mustard

Directions:

1. Peel the skin and remove the core from the pear; slice into thin strips and soak in salt water. Cut the ham into julienne strips. Cut the tomatoes into thin wedges. Cut the green *shiso* into julienne strips.
2. Pour the dressing over 1.

Tips:

- Pour the dressing over the salad directly before eating.
- Soak the green *shiso* in water after cutting into julienne strips.