

Request for residents in Aichi [Critical Stage (March 1 through March ²¹~~14~~)]

To prevent further spread of Covid-19, the Aichi Prefectural Government has declared a critical stage. Therefore, the Aichi Prefectural Government is requesting residents for the following.

Period: ²¹~~14~~ days starting from March 1 through March ²¹~~14~~

To avoid getting infected, please be careful of the following.

1. Refrain from non-essential and non-urgent outings, and stay with your family or the people you are always with. **Especially, avoid going outside after 21:00.** Also, when you are going out, try to avoid crowded places and times.
2. **Refrain from going to other prefectures**, especially to Tokyo, Saitama, Chiba, and Kanagawa, where the state of emergency is declared.
3. Be careful not to infect those who tend to get seriously ill, such as elderly people, people with pre-existing conditions, or pregnant women. If you are one of these people, avoid going to facilities where the risk of getting an infection is high.
4. **Please be careful of the below, so that you don't get infected and infect others.**
 - Avoid dining with groups of 5 or more people. If you are dining with others, dine in a small group of people who you are always with. Also, be careful of infection by dining for a short time and wearing a mask when having conversations.
 - When you are going to eateries, try to go to places that have the sticker below. Go to eateries that are not crowded and where good ventilation and sufficient space between seats are ensured.



- Do not go to closed spaces with poor ventilation where the windows and doors are closed, crowded places where people gather closely, and places where you cannot keep a safe distance from others.
 - In “5 situations” that increase the risk of infection (https://www.pref.aichi.jp/upload/life/318025_1233067_misc.pdf (website in Japanese)), please take thorough measures to prevent the spread of the infection by wearing a mask and sanitizing your hands.
 - When you are taking public transportation such as taxis, buses, and trains, always wear a mask and refrain from talking loudly. Be especially careful when you are taking transportation after drinking alcohol.
 - Make sure to ventilate the room thoroughly, while keeping the temperature and humidity in the room.
 - If you have a fever, call your doctor or health center for instructions on where to go.
 - Be aware of the possibility of your infection by using the “COCOA” application, which notifies you when you may have contacted a person who have tested positive for Covid-19.
5. When you are attending events, make sure to wear a mask and keep a distance from others. Also, refrain from talking loudly and drinking alcohol.
 6. Every year in March and April, there are many events at schools and offices but try to refrain from holding these events. If you are holding an event, make sure to take thorough measures to prevent the spread of the infection.