

Name _____

Nationality _____

Native language _____



This Pocket Guide will help you in the event of a disaster or injury. Always carry this Pocket Guide with you.

Aichi Multicultural Disaster Prevention Pocket Guide

What to do when an earthquake occurs?



Protect yourself. Protecting your life is the top priority!



When the shaking stops...

Check the situation on your TV, radio or mobile phone.



- Several aftershocks may follow the initial earthquake.
- A tsunami may come. Evacuate to higher ground.

When to evacuate during heavy rain or a typhoon?



Check weather information on your TV or radio.

Rough guideline on when to evacuate

Alert Level	Evacuation Information
5	Emergency Safety Measures Life-threatening situation! You can no longer safely evacuate. Go to the safest place possible.

- You must evacuate before Alert Level 5 is issued! -

4	Evacuation Order All residents should evacuate from affected areas.
3	Evacuation of the Elderly, etc. Elderly people and people with special needs should evacuate from affected areas. Other people should prepare to evacuate.
2	Flood Advisory, Heavy Rain Advisory, etc. Check your own evacuation actions.
1	Early Warning Information Be alert to new information.

When you want to confirm your family's safety status



You can confirm the safety status of your family in the event of a disaster after registering the required information on the website.

- Disaster Emergency Message Board (web171)
- Google Person Finder



How to use

Access the site → Enter your phone number (or the phone number of the person whose status you want to confirm)



How to use

Access the site → Follow the guidance and enter the required information

When you cannot connect to the Internet



- 0000JAPAN (Five Zero Japan)

This is a free Wi-Fi service which can be used by anyone in the event of a disaster.

When you have an inquiry or seek consultation

- Aichi Multicultural Center (free multilingual consultation desk)

Open: Monday, Saturday 10:00 ~ 18:00
TEL: 052-961-7902

Voice guidance is in Japanese.



Record your message (within 30 seconds)
Playback a message



When you want to know what's happening



Below are websites and apps that provide information in multiple languages.

Aichi Multicultural Coexistence Net
It provides necessary information in the event of a major disaster.



NHK WORLD JAPAN

You can view NHK news.



Safety tips (Japan Tourism Agency)
This app provides disaster information for iOS for Android



Disaster Prevention Portal (Ministry of Land, Infrastructure, Transport and Tourism)
It provides a list of websites offering disaster information.



Facebook



Website

Where to evacuate in case of a disaster



You should evacuate to sites with the following marks.
Check the municipal website for information on evacuation sites and shelters.

- When you evacuate for a short time (Evacuation sites)



- When a tsunami is about to occur (Tsunami evacuation sites, Tsunami evacuation buildings)



- When your house has been damaged (Evacuation shelters)



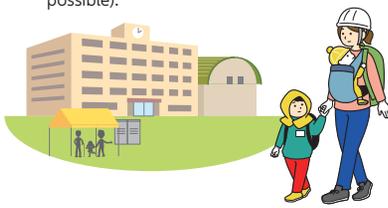
- Agreed meeting place and time for family members

Check the following before you evacuate your home!

- Did you turn off the electric breaker?
- Did you shut off the main gas valve?
- Did you lock all doors and windows?

How to evacuate?

- Wear comfortable shoes, such as sneakers.
- Put necessary items in a backpack so you can use both hands.
- Evacuate on foot (not by car as much as possible).



When trains and buses stop operating...



- ▶ Support Stations for those walking home during a disaster
You can get information, water, etc. You can also use restrooms. (Convenience stores, etc.)

Memo



Archi Prefecture Multicultural symbol mark

Created by Multicultural Society Section, Social Activities Promotion Division, Community Affairs Department, Bureau of Community and Cultural Affairs, Archi Prefecture
Tel : 052-954-6138

Point-and-Speak Phrase List

You can communicate what you want to say by pointing at the sentence.

Please help me.
(助けてください。)

Where can I evacuate?
(どこに逃げたいですか。)

My house has been damaged and cannot be lived in.
(家が壊れて住むことができません。)

Please take me to a shelter.
(避難所に連れて行ってください。)

Is there anyone who can speak a foreign language?
(外国語を話せる人はいいますか。)

Please speak slowly.
(ゆっくり話してください。)

Where can I get food and water?
(食べ物や水はどこでとらえますか。)

I am not feeling well.
(体調が悪いです。)

I feel some pain.
(痛いところがあります。)

I want to go to the hospital.
(病院へ行きたいです。)

Please call an ambulance.
(救急車を呼んでください。)

I have allergies.
(アレルギーがあります。)

I have a chronic illness.
(持病があります。)

I am pregnant.
(妊娠しています。)



Municipal Information Memo

Emergency Contacts

- In case of fire or illness
▶ Fire truck or ambulance

1 1 9



Call 119 and tell the operator ① to ④.

① In case of fire, say "KAJI DESU (There's a fire)." To call an ambulance, say "KYUU-KYUU DESU (Ambulance)."



- ② Location (address and nearby buildings)
- ③ What kind of fire, or Where does it hurt
- ④ Your name

- In case of an incident/accident
▶ Police

1 1 0



*You may be able to speak in your native language.

Important Contacts

Contact 1

Name

TEL

Relationship to you

Contact 2

Name

TEL

Relationship to you

Contact 3

Name

TEL

Relationship to you

When you cannot use your mobile phone

Use a public telephone. Public telephones can be found at stations, city halls, town halls, etc. You can make free calls during an emergency or major disaster.



How to use a public telephone in case of an emergency

- Lift the receiver and press the red emergency call button.
- Dial 110 (police) or 119 (fire/ambulance). For public telephones without a red button, lift the receiver and simply dial the number.

How to use a public telephone in case of a major disaster

- Lift the receiver.
 - Insert a 10-yen coin or 100-yen coin.
 - Dial the phone number.
- *Deposit a coin, but it will be returned at the end of the call.

Your information

Address

Phone number

Date of birth year / month / day

Residence card number
(or passport number)

Japanese

Can speak / Can speak a little / Cannot speak

Allergies, chronic illness