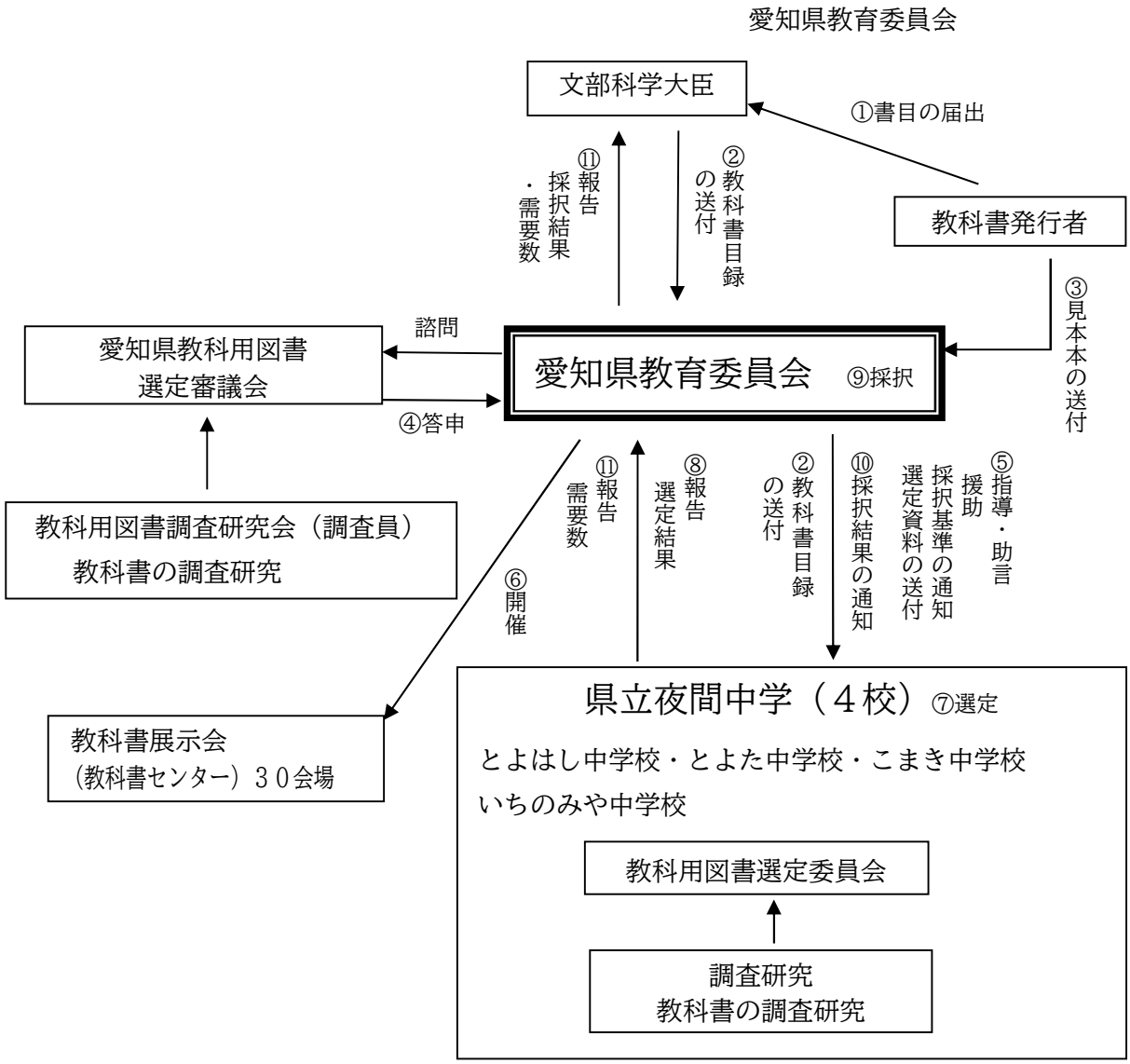県立夜間中学用教科書採択の仕組み