

## **Request for residents in Aichi [Critical Stage]**

The number of Covid-19 cases are increasing drastically again. To prevent further increase of cases, we want to inform you of things to be careful of in addition to wearing masks, sanitizing, and avoiding close-range conversation.

### **Following activities increase the risk of infection.**

1. Talking and eating while drinking alcohol
2. Gathering, eating, and drinking with many people for a long time
  - \*If you have to eat or drink with others, please note the following:
    - a. Try to gather in small group of people
    - b. Gather with the people who you are always with
    - c. Do not share chopsticks or glasses with others
    - d. Do not switch restaurants but stay in one place
    - e. Do not sit in front of or next to others but across from each other
3. Having conversation without wearing a mask in karaoke venues, cars, and other places
4. Living with others in a small room
5. Taking a break from work outside of workplace, such as breakrooms and smoking areas

\*For more details, please check here. (document is in Japanese)

#### **“5 situations” that increase the risk of infection**

[https://www.pref.aichi.jp/uploaded/life/316033\\_1222152\\_misc.pdf](https://www.pref.aichi.jp/uploaded/life/316033_1222152_misc.pdf)

### **Ventilate and keep the humidity in the room.**

Even if it is cold, use the exhaust fan to ventilate the room. Make sure that the humidity in the room do not decrease. Humidity should be higher than 40%.

### **Be careful when you are traveling during the New Year Holidays.**

During the New Year Holidays, many people are off from work, visiting families, and traveling. These activities may spread the disease. Avoid getting infected by shifting your vacation days or not traveling. Do not travel, especially if you do not feel well.