

Outline

This guidebook describes precautions and other important information during the home recovery period.

From September 26, 2022, the scope of individuals for whom an “infection report” is issued by a medical institution and submitted to a health center is limited to those who fall under Category 4.

Scope of individuals for whom an infection report is issued (Category 4)

- 1) Individuals aged 65 or older
- 2) Individuals who need hospitalization
- 3) Individuals who are at risk of serious illness from Covid-19 and need a prescription for medicine for treating Covid-19 or who are at risk of serious illness and need a prescription for oxygen
- 4) Pregnant women

In Aichi Prefecture (except for ordinance-designated cities and core cities), a short message (using the Short Messaging Service [SMS]) will be sent to **individuals for whom an infection report is issued** to provide information. Such individuals may also be contacted by a health center, separately from the short message, for health observation, etc.

Individuals other than those for whom an infection report is issued will not receive a short message or be contacted by a health center. However, they can receive information and services by signing up for the “Aichi Prefectural Health Follow-up Center” (refer to p.4).

Covid-19 patients, whether they have been issued with an “infection report” or not, may experience sudden deterioration of their health condition. **Observe your own health (refer to p.5)**. If your health condition changes suddenly, contact an information desk for examination and consultation (refer to p.19) immediately. If you need medical attention urgently, you may call an ambulance but make sure to inform the operator that you are infected with Covid-19.

If you have any questions about living during the home recovery period, contact your local health center (refer to p.19).