

6. How to dispose of waste

If you do not properly dispose of waste (in particular, tissue paper, masks, etc. contaminated with nasal mucus and saliva), it may spread Covid-19 infection.

Take precautions when disposing of waste to protect your family members as well as municipality staff and waste disposal operators, who handle your waste, from infection.

Observe the rules of your local government when disposing of waste. Littering must be avoided.

How to dispose of tissue paper, masks, etc. at home

- Do not touch waste directly.
- Securely tie and seal dustbin bags.
- Wash hands after disposing of waste.

[Reference] How to dispose of waste to avoid infection

How to dispose of masks, etc. at home for Covid-19 and other infectious diseases

If a family member is or may be infected with Covid-19 or other infectious diseases, follow the steps described in “**How to dispose of waste**” below when disposing of waste, such as masks and tissue paper contaminated with nasal mucus, etc. Always observe the rules: “**Do not touch waste directly,**” “**Securely tie and seal dustbin bags,**” and “**Wash hands after disposing of waste.**”

How to dispose of waste

1) Put a dustbin bag in a dustbin. Tie and seal the dustbin bag, as shown in 2), before it becomes full.



2) Securely tie the bag to prevent direct contact with waste (e.g., masks).



3) After disposing of waste, wash hands thoroughly with running water using soap.



* If waste comes into contact with the outside surface of the dustbin bag, place the dustbin bag in another dustbin bag.

- Following the steps in “How to dispose of waste” is an effective measure against infectious diseases, such as Covid-19 and influenza, for your family as well as municipality staff and waste disposal operators who handle your waste.
- When disposing of waste, follow the rules of your local government. Littering must be avoided. When disposing of used masks and other contaminated waste, refer to “How to dispose of waste” and make sure to observe the rules: “Do not touch waste directly,” “Securely tie and seal dustbin bags,” and “Wash hands after disposing of waste.”



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